

## Food Restriction Notice

**These foods should NOT be sent to program. They present either a choking or allergy hazard:**

1. Peanut Butter / Peanuts
2. Raw Vegetables
3. Hot dogs / Sausage
4. Hard candy, gum, lollipops
5. Popcorn
6. Any meat on a bone or having small bones (e.g., chicken, fish). These foods are permitted if the meat is removed from the bone.
7. Fruits and vegetables with a skin should be peeled and should be seedless (e.g., apples, zucchini)
8. Grapes
9. Marshmallows